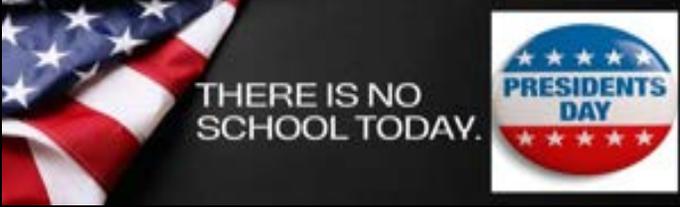




Menu

FLANC & FLACC K-8 SNP MENU – FEB 2026



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	2	3	4	5	6
BREAKFAST MEAL	WG Cin Toast Crun Bowl (2 ea) ½ c Apples, ½ c Fruit Cocktail	WG Apple Bites (2 oz) 1 Orange + 1 Apple	WG Blueberry Muffin (2 oz) 1 Orange, ½ c Pears	WG Cin Chex + WG Toast ½ c Peaches + ½ c Grape Juice	WG Cheerios (1 oz) 1 Apple, ½ c Pears
Lunch MMA	WG Chick Pattie Sand (3.19 oz) 1 c Green Beans (Otr) ½ c Peaches WG Bun (2 oz)	Beefaroni (6 oz) ¾ c Broccoli (Dark Grn) ½ c Pineapples WG Roll (2 oz)	Hot Dog (4 oz) ¾ c Baked Beans (Otr) ½ c Mixed Fruit WG Hotdog Bun (2 oz)	WG Cheese Pizza (1 Slice) ¾ c Carrots (R/O) 1 Orange Grain in Crust (2 oz)	Beef Burger (2.10 oz) ¾ c Fries (Starch) ½ c Applesauce WG In Chicken + Roll (2 oz)
Veg					
Fruit					
Grain					
	9	10	11	12	13
BREAKFAST MEAL	WG Bagel w/CrmChs (2 oz) ½ c Sliced Apples + 1 Banana	WG Cin Toast Crun Bowl (2 ea) 1 Apple + ½ c Pineapples	WG Apple Bites (2 oz) 1 Banana + ½ c Sliced Peaches	Mini Maple Bites (2 oz) 1 Orange + ½ c Pears	WG Gran w/Straw Yog (mma) 1 Apple + ½ c Orange Juice
Lunch MMA	Mac and Cheese (6 oz) ¾ c Peas (Starch) ½ c Apples WG Roll (1 oz)	Chicken n Noodles (8 oz) ¾ c Broccoli (Dark Grn) ½ c Applesauce WG Noods + WG Roll (2 oz)	Two Bean Chili (8 oz) ¾ c Green Beans (Otr) ½ c Fruit Medley WG Brn Rice 4 oz. + Roll (2 oz)	WG Cheese Pizza (1 Slice) ¾ c Carrots w/Ranch (R/O) ½ c Pineapples Grain in Crust (2 oz)	WG Chicken Tenders (3.54 oz) ¾ c Baked Beans(Leg) ½ c Pears WG in Chicken + Roll (1 oz)
Veg					
Fruit					
Grain					
	16	17	18	19	20
BREAKFAST MEAL			Soft Filled CTCB (2 oz) 1 Banana + ½ c Sliced Peaches	WG Blueberry Muffin (4 oz) 1 Banana + ½ Apple Juice	WG Gran w/Straw Yog (1 mma) ½ c Sliced Apples + 1 Banana
Lunch MMA			Chicken Chili (8 oz) ¾ c Green Beans (Otr) ½ c Apples WG Cornbread Muffin (1 oz)	WG Cheese Pizza (1 Slice) ¾ c Carrots w/Ranch (R/O) ½ c Pineapples Grain in Crust (2 oz)	WG Chicken Nuggets (3.35 oz) ¾ c Baked Beans (Leg) ½ c Peaches WG in Chicken + Roll (2 oz)
Veg					
Fruit					
Grain					
	23	24	25	26	27
BREAKFAST MEAL	WG Cin Toast Crun Bowl (2 ea) 1 Orange + 1 Apple	WG Chocolate Cres Roll (2.29 oz) 1 Apple + ½ c Pineapples	WG Apple Bites (2 oz) 1 Banana + ½ c Sliced Peaches	WG Blueberry Muffin (4 oz) ½ c Apple Slices + ½ c Org Juice	WG Gran w/Straw Yog (1 mma) 1 Orange + ½ c Apple Juice
Lunch MMA	Pot & Cheese Cass (8 oz) ¾ c (Potatoes (Starch)) ½ c Peaches WG Roll (2 oz)	Turkey Hotdog (4 oz) ¾ c Broccoli (Dark Grn) ½ c Pears WG Hotdog Bun (2 oz)	Beefaroni (6 oz) ¾ c Green Beans (Otr) ½ c Apples WG Noods + WG Roll (2 oz)	WG Cheese Pizza (1 Slice) ¾ c Corn (Starch) ½ c Pineapples Grain in Crust (2 oz)	Chicken Spagetti (8 oz) ¾ c Baked Beans (Leg) ½ c Mand Oranges WG Noods + WG Roll (2 oz)
Veg					
Fruit					
Grain					
BREAKFAST MEAL					
Lunch MMA					
Veg					
Fruit					
Grain					

Breakfast = 2 fruits or 1 cup, Lunch is choice of juice/ OR ½ c of another fruit – All veg is ¾ c - No pork/pork by products, fish served. - Breakfast and Lunch meals include skim, 1% milk or FF Flavored Milk.